



How Being Trauma-Informed Improves Judicial Decision-Making

Supporting court professionals in developing trauma awareness and trauma-informed responses

What's at Stake

There is consensus that high percentages of women and men involved in the criminal legal system have experienced trauma throughout their lives. The reverberating effects of traumatic experiences can challenge a person's capacity for recovery and pose significant barriers to accessing services, often resulting

in an increased risk of coming into contact with the criminal legal system. Once a person with a serious trauma history becomes involved in the criminal legal system, the effects of their past experiences can pose a range of challenges to effectively navigating the system's environments and requirements.



Our Solution

How Being Trauma-Informed Improves Judicial Decision-Making is a 2-hour training program that helps professionals who work in the court systems:

- increase their understanding of trauma,
- enhance their awareness of the impact of trauma on behavior, and
- develop trauma-informed responses.

Trauma-informed criminal legal system responses can help to avoid retraumatizing individuals and thereby increase safety for all, decrease recidivism, and promote and support recovery.



Our Model

Our training is designed to be informative and engaging. We guide training participants through four modules, in which they learn the following:

- Why learn about trauma
- What is trauma
- Trauma's effects
- How to become a trauma-responsive court



Participants

The participants involved in the highly interactive **How Being Trauma-Informed Improves Judicial Decision-Making** include the following:

- Judges
- Court personnel, including bailiffs, court reports, attorneys
- Other court professionals, including providers, peer specialists, and other professionals working in the court



Get Started With the SMTc

The Systems Mapping and Training Center, operated by [Policy Research Associates](https://www.policyresearchassociates.com/), uses a public health model to create data-driven systems change. The Systems Mapping and Training Center provides cross-systems mapping and training services on different topics related to behavioral health, the criminal legal system, Veterans, homelessness, and more.

Contact Us

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